

## **Mainstream's Philosophy**

The Goal of Mainstream is: **"That all people are able to develop their full potential as individuals with respect and dignity, enjoy integration in the community and have the opportunity to prepare for the future."**

This goal challenges the community to have each of its citizens experience equality, individuality and social role valorization. The dignity and self-respect that people enjoy in their own communities are a result of a supportive environment that fosters personal growth, self-reliance and acceptance.

In working towards this goal, Mainstream will provide the necessary resources and supports to ensure that individuals who have a developmental challenge:

- have the opportunity to lead full and productive lives and have the ability to recognize and reach their potential in the competitive work place
- are made aware of services and programs available to them in the community
- have access to affordable housing
- be valued contributors in the community with due recognition of their accomplishments

Recognizing that our daily experience goes hand-in-hand with our quality of life, our aim is to provide the necessary tools that will enable each individual to:

- exercise self direction and ownership of choices
- develop academic, vocational, life and social skills and realize their full potential
- deal with real life situations effectively
- enjoy friendships and other supportive relationships
- exercise their rights and responsibilities

**In conclusion, Mainstream is all about people supporting people. It upholds the ideas of mutual respect, the value of individuality and open-mindedness toward the ever changing needs of its people.**